

## Personal Information



First name/Surnames **CĂTĂLIN PLEȘEA-CONDRAŢOVICI**

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E-mails: [catalin.plesea@ugal.ro](mailto:catalin.plesea@ugal.ro)

Nationality: Romanian

Date of birth: September 22, 1974

Sex: Male

## Work experience

- 2020-present Assistant Professor, Department of Morphological and Functional sciences, Faculty of Medicine and Pharmacy, „Dunărea de Jos” University of Galați
- 2005-2020 Lecturer, Department of Morphological and Functional sciences, Faculty of Medicine and Pharmacy, „Dunărea de Jos” University of Galați, No.35, Alexandru Ioan Cuza Street, 800010, Galați, Romania  
Phones.: (+40) 336 130 217; Fax: (+40) 236 412 100
- 2017- 2021 Medical Practice “C.M.I. Dr. Pleșea Cătălin”,  
13, Gh. Buzoianu street, Tg.Bujor, Galati, Romania  
Phones: (+40) 236 3414377  
DGASPC Galati
- 2003-2004 Key account manager -Aventis Pharma  
Launch of “Lantus” product, studies monitoring
- 2002-2003 Medical Representative- Worwag Pharma  
Presentations in local conferences when launching “Lagosa” product
- 1999-2000 Medical Help SRL



**Education and training**

2024-2025	Specialist in Psychiatry / Board-certified
2020-2023	Licensed Psychologist Resident in Psychiatry Faculty of Medicine and Pharmacy, „Dunărea de Jos” University of Galați
2018 - 2021	Student in Psychology at Danubius University, Galati
2018 - 2019	Master’s programme in International Relationship Security at Danubius University, Galati
2017 - 2017	English for Academic Purposes (EAP) competence C1
2015 - 2017	Resident in gastroenterology Faculty of Medicine and Pharmacy, „Dunărea de Jos” University of Galați
2018 - 2018	Certificate Hospital Evaluator
2013 – 2014	Certified specialist in Health management
2006 - 2012	PhD Doctor of Medicine with the Ph.D. thesis” Dyslipidemia and its correlations with some clinical and biological indicators Diet in non-alcoholic hepatosteatosi” Department of Physiopathology - coordinator M.D. Corneliu Neamțu University of Medicine and Pharmacy “Gr.T.Popa”, Iași, România
2008 – 2012	Resident in family medicine University of Medicine and Pharmacy” Carol Davila”, Bucharest, Romania
2005 - 2005	Certificate in General Sonography Faculty Of Medicine -” Ovidius” University of Constanța, Romania
2001 - 2002	Intern Emergency County Hospital „St. Andrew”, Galati, Romania
1993 – 2000	Student UMF CAROL DAVILA University of Medicine and Pharmacy 'Carol Davila', Bucharest, Romania
1988 - 1992	“Nicolae Bălcescu” High school of Mathematics and Physics “Nicolae Bălcescu”, Calarași , Romania

**Native language** Romanian

**Other languages** English, french ,russian

Self-assessment	<b>Understanding</b>	<b>Speaking</b>	<b>Writing</b>
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Curriculum Vitae

. Cătălin PLEȘEA-CONDRAȚOVICI

European level (\*)

	Listening	Reading	Spoken interaction	Spoken production	
<b>English</b>	C1	C2	C1	C1	C1
<b>Russian</b>	A 2	A1	A1	A1	A1
<b>French</b>	A2	B1	A1	A2	A1

(\*) *Common European Framework of Reference for Languages*

**Social skills and competences**

Strong interpersonal communication; experienced in multidisciplinary clinical and academic teams  
 President of the Association of Family Doctors from Galati  
 Vice-president of the Employers' Association of Family Doctors,  
 Chairman of the Galati county Commission for the Protection of Persons with Disabilities

**Organisational skills and competences**

Can work under pressure and meet deadlines. Able to integrate organizational requirements, to coordinate research activities. These competencies were developed through formal management training (MBA CODECS) and leadership roles in professional organizations. These skills were developed in the positions of vice-president of Employers' Association of Family Doctors Galați, President of Family Doctor Association Galati, Medical Coordinator at Băleni Permanency Medical Center and Chairman of the Galati County Commission for the Protection of Persons with Disabilities

**Technical skills and competences**

Advanced knowledge of electronics, working with microcontrollers, practical skills in mechanical, electronic, IT hardware, PC acquisition interfaces, robots and automatization

**Computer skills and competences**

Advanced IT proficiency (Windows/Linux, MS Office; SPSS for statistical analyses; basic C++)

**Artistic skills and competences**

Certificate in Information Technology and Communication

**Driving licence**

Guitar

B, A (car, motorcycle)

**Additional information**ORCID: <https://orcid.org/0000-0003-3111-4089>

Google Scholar:

<https://scholar.google.com/citations?user=WIXS5ukAAAAJ>ResearchGate: <https://www.researchgate.net/profile/Catalin-Plesea-Condratovici>

Web of Science ResearcherID: L-8624-2019

Member of professional associations

C.M.R. – Colegiul Medicilor din România

A.M.F. Galați – Presedinte Asociatia Medicilor de Familie din Romania Galați

P.M.F. Galați – Vice-president Patronatul Medicilor de Familie din Romania Galați

**Research profile**

Areas: psychiatry, family medicine, medical education, public health, digital health

Methods: cross-sectional studies, systematic reviews/meta-analyses, clinical trial experience (rater/PI)

Leadership: PI clinical studies + university role(s)

Key research indicators

- Publications indexed in Web of Science: 34
- Total citations (Web of Science): 115
- h-index (Web of Science): 7

**Grant Project and clinical studies**

1. Member in Research Grant “Digitalisation for the Future of Education and Research” at the “Dunărea de Jos” University of Galați, Project Code: e-PNRR 2033414941, Programme: PNRR, Component 15 – Education Reform 5: Adoption of the Legislative Framework for the Digitalisation of Education Investment 16: Digitalisation of Universities and Preparation for the Digital Professions of the Future 2025
2. A multicenter, placebo-controlled, randomized, double-blind, parallel-group comparison Brexipiprazole, EU Trial No. 2022-500583-36-00, qualified as rater, 2024
3. A Multicenter, Randomized, Double-blind, Placebo-controlled, Flexible-dose Study to Assess the Efficacy, Safety, and Tolerability of ITI-1284 in Patients with Psychosis Associated with Alzheimer Disease, Protocol ITI-1284-201, rater, subinvestigator
4. A Double-Blind, Oral, Placebo-Controlled, Multiple-dose, Parallel, Randomized Study To Evaluate Efficacy and Safety Of Endoxifen In Bipolar I Disorder Patients, ClinicalTrials.gov ID NCT04315792, rater, sub investigator
5. Rater Schizophrenia Clinical Study Phase III 2019
6. Member in Research Grant -” Disturbances of lipid metabolism” - Financing Authority - MEDICAL CENTER KS. 20172017

7. Member in Research Grant "Anatomic variations of superficial venous system," - Financing Authority - SC ELIT MED CENTER SRL 2017
8. Member in Research Grant – "Antibiotic therapy in severe infections" - Financing Authority - MEDICAL CENTER KS. 2017
9. Principal Investigator - "Safety and efficacy and rapidity of action of Tasectan Plus vs Smecta and vs S. Bouliardii in the treatment of Acute Diarrhea: Multicenter, Randomized, Open label, Parallel Group, Controlled clinical Study"
10. Principal Investigator - "Film forming devices in the treatment of children with acute gastroenteritis receiving oral rehydration solution (ORS): The Tasectan Plus in Children Study"
11. Principal Investigator - „Efficacy and safety of APT198K vs. Colief (dietary supplement containing lactase) in the treatment of infantile colic: multicenter, randomized, open-label, parallel group, active controlled clinical study"

#### Invited Speaker to national and international conferences

1. Conferința Națională „Ziua Medicului de Familie”, 22-25 mai 2025, Galați
2. Conferința Europeană De Psihiatrie Și Sănătate Mintală „Galatia 2025, mai, 2025
3. Conferința Europeană De Psihiatrie Și Sănătate Mintală „Galatia 2021, 21-25 aprilie, 2021
4. Conferința Europeană De Psihiatrie Și Sănătate Mintală „Galatia 2020” Galați, România, 20 – 24 Iulie, 2020
5. Medical & Pharma Forum Galați 1-2 Octombrie 2019
6. Conferința Europeană De Psihiatrie Și Sănătate Mintală „Galatia 2019” Galați, România, 8 – 12 Mai, 2019
7. „Intestinal Barrier Protection In Acute Gastroenteritis In Children” - Xxv Congreso De La Sociedad Española De Gastroenterología, Hepatología Y Nutrición Pediátrica Granada 17-19 Mayo 2018”
8. 2nd Eastern European Conference Of Mental Health, Sibiu, Romania, September 27 – 30, 2018”
9. „Conferința Europeană De Psihiatrie Și Sănătate Mintală „Galatia 2018” Galați, România, 9 – 13 Mai, 2018”
10. „1st Eastern European Conference Of Mental Health Galați, România, May 11 – 14, 2017”

#### Publications - Representative works (selection)

1. **Pleşea-Condratovici C**, Dionisie V, Moroianu LA, Serban PS, Pleşea-Condratovici V, Arbune M. Perception versus Actual Weight: Body Image Dissatisfaction as a Stronger Correlate of Anxiety and Depression than BMI among Romanian Health Sciences Students. *Healthcare*. 2025;13(23):3118.  
DOI 10.3390/healthcare13233118, WOS - , eISSN: 2227-9032  
<https://www.mdpi.com/2227-9032/13/23/3118>  
**IF (2024) = 2,7**, Category Quartile: **Q2** Original article  
First author
2. Paslaru AM, Bounegru I, **Pleşea-Condratovici C**, Marius M, Ciubară A. Proportion and Correlates of Psychiatric Morbidity Among Psychiatry-Assessed Oncology Inpatients. *Diseases*. 2025;13(11):350.  
Article DOI: 10.3390/diseases13110350, WOS - , eISSN: 2079-9721  
<https://www.mdpi.com/2079-9721/13/11/350>  
**IF (2024) = 3**, Category Quartile: **Q2** Original article  
Corresponding author

3. **Pleșea-Condratovici C**, Pleșea-Condratovici A, Negoita SI, Stoian VI, Moroianu LA, Baroiu L. Sleep Quality and Sex-Specific Physical Activity Benefits Predict Mental Health in Romanian Medical Students: A Cross-Sectional Analysis. *Journal of Clinical Medicine*. 2025;14(19):7121.  
Article DOI: 10.3390/jcm14197121, WOS: 001594842700001, eISSN: 2077-0383  
<https://www.mdpi.com/2077-0383/14/19/7121>  
**IF (2024) = 2.9**, Category Quartile: **Q1** Original article  
First author Editor's Choice Article
4. Bratu EA, Moroianu LA, Isailă OM, **Pleșea-Condratovici C**, Avram OE, Drima E. Parental Mental Health and Suicidal Behavior as Predictors of Adolescent Suicidal Ideation and Attempts: A Systematic Review and Meta-Analysis. *Journal of Clinical Medicine*. 2025;14(19):6860.  
DOI: 10.3390/jcm14196860, WOS:001593689400001, eISSN: 2077-0383  
<https://www.mdpi.com/2077-0383/14/19/6860>  
**IF (2024) = 2.9**, Category Quartile: **Q1** Original article  
Corresponding author
5. Stoian VI, Stănescu A, Debita M, Ignat MD, Barbu RE, Matei MN, Baltă AAȘ, Bulza V, Baroiu L, **Pleșea-Condratovici C**. Spatio-Temporal Modelling and Forecasting of the Prolonged Measles Outbreak in Romania: Insights and Challenges. *Healthcare*. 2025;13(18):2364.  
DOI: 10.3390/healthcare13182364, WOS:001579987000001, eISSN: 2227-9032  
<https://www.mdpi.com/2227-9032/13/18/2364>  
**IF (2024) = 2,7**, Category Quartile: **Q2**, Original article  
Autor principal – ultimul autor
6. Duica CL, Negoita SI, Pleșea-Condratovici A, Moroianu LA, Ignat MD, Nicolcescu P, Ciubara A, Robles-Rivera K, Mititelu Tartau L, **Pleșea-Condratovici C**. Depression in Romanian Medical Students—A Study, Systematic Review, and Meta-Analysis. *Journal of Clinical Medicine*. 2025;14(16):5853.  
DOI: 10.3390/jcm14165853, WOS:001557769600001, eISSN: 2077-0383  
<https://www.mdpi.com/2077-0383/14/16/5853>  
**IF (2024) = 2.9**, Category Quartile: **Q1**, Original article  
Autor principal – ultimul autor
7. Mitincu-Caramfil SD, Stoian AP, Moroianu LA, **Plesea-Condratovici C**, Bradeanu AV, Drima E. Does the Interaction Between Alcohol Use and Depression Exacerbate Hyperglycemia Risk? A Cross-Sectional Study Beyond Additive Effects. *Medicina*. 2025;61(8):1380.  
DOI: 10.3390/medicina61081380, WOS:001557769600001, eISSN: 1648-9144  
<https://www.mdpi.com/1648-9144/61/8/1380>  
**IF (2024) = 2,4**, Category Quartile: **Q1**, Original article  
Corresponding author
8. **Pleșea-Condratovici C**, Mititelu Tartau L, Nicolcescu P, Dumitra GG, Pirlog MC, Arbune M, Stuparu-Cretu M, Vlad C, Ciubara A, Robles-Rivera K, Surugiu R, Pleșea-Condratovici A. Factors Associated with Burnout in Medical Students: An Exploration of Demographic, Academic, and Psychological Variables. *Healthcare*. 2025;13(14):1702.  
DOI: 10.3390/healthcare13141702, WOS:001540017500001, eISSN: 2227-9032  
<https://www.mdpi.com/2227-9032/13/14/1702>



**IF (2024) = 2,7**, Category Quartile: **Q2**, Original article  
First author

9. Arbune M, Plesea-Condratovici A, Arbune AA, Andronache G, **Plesea-Condratovici C**, Gutu C. Cardiovascular Risk in People Living with HIV: A Preliminary Case Study from Romania. *Medicina*. 2025;61(8):1468.  
DOI: 10.3390/medicina61081468 WOS: 001558042000001 eISSN: 2077-0383  
<https://www.mdpi.com/1648-9144/61/8/1468>  
**IF (2024) = 2,4**, Category Quartile: **Q1**, Original article
10. **Pleșea Condratovici C**, Bacarea V, Piqué N. Xyloglucan for the Treatment of Acute Gastroenteritis in Children: Results of a Randomized, Controlled, Clinical Trial. *Gastroenterology Research and Practice*. 2016;2016:6874207.  
DOI: 10.1155/2016/6874207, WOS:000375596900001, eISSN: 1687-630X  
<https://onlinelibrary.wiley.com/doi/10.1155/2016/6874207>  
**IF (2016) = 1,863**, Category Quartile: **Q3**,  
First author

### Books

1. **Pleșea Condratovici Cătălin**, Pleșea Condratovici Alina “ Non-alcoholic hepatic steatosis, a challenge to the contemporary world“, Ed. Didactica și pedagogică RA, București, 2017; ISBN 978-973-30-XXXXX
2. **Pleșea Condratovici Cătălin**, Morosanu Andreea- “Autocrine, paracrine and endocrine functions of adipose tissue” – Management of Obesity and Excessive Weight in Primary Health Care, Ed. Zigotto, Galați, 2011 ISBN 978-606-8303-08-6; 74-82
3. **Pleșea Condratovici Cătălin**, Pleșea Condratovici Alina- “ The public health impact of obesity”– Management of Obesity and Excessive Weight in Primary Health Care, Ed. Zigotto, Galați, 2011;ISBN 978-606-8303-08-6; 46-51

**Galati 8.01.2025**

**Assoc. Prof., MD, PhD Cătălin Pleșea-Condratovici**  
**Senior Consultant / Specialist Physician in Family Medicine**  
**Specialist Physician (Psychiatry)**  
**Licensed Psychologist**