

LISTA DE LUCRĂRI

Conferențiar dr. ADELA BĂDĂU

a) Cărți de specialitate:

1. Badau Dana, **Badau Adela**, Grancea Marius – „*Fitness. Postură și mișcare*”, Ed. Universității „Transilvania” din Brașov, ISBN 978-606-19-0964-3, 2018, nr. pag: 160, cod CNCSIS 81.
2. **Bădău Adela**, Ungur Natalia Ramona, Bădău Dana – „*Activitățile fizice acvatice indoor*”, Ed. Universității „Transilvania” din Brașov ISBN 978-973-169-465-8, 2016, nr. pag: 133, categoria A2, cod CNCS 81.
3. **Bădău Adela** – „*Aquagym: teorie și metodologie*”, Ed. University Press, Tîrgu Mureș, 2016, ISBN: 978-973-169-465-8, nr. pag. 156, cod CNCS: 210
4. Bădău Dana, Dusa Flaviu, **Bădău Adela** – „*Educație fizică și sport: teste grilă*”, Ed. University Press, Tîrgu Mureș, 2015, nr. pag 133, ISBN 978-973-169-416-0, cod CNCS: 210
5. Ungur Natalia Ramona, **Bădău Adela** – „*Tehnologii inovative în volei*”, Ed. University Press din Tîrgu Mureș, 2015, nr. pag: 184, ISBN: 978-973-169-411-5, cod CNCS: 210.
6. **Adela Bădău**, Dana Bădău: - „*Aqua-pullpush-gym. O metodă inovatoare de gimnastică în apă*”, Ed. Universității „Transilvania” din Brașov, 2011, nr. pag. 122, ISBN 978-973-598-865-1, categoria A2, cod CNCS: 81.

b) Articole publicate in extenso

(1) Articole în reviste cotate WOS, cu factor de impact

1. Dana Badau, Adela Badau, Adriana Clipa *Interaction Between Values of Anthropometric Body and Static Balance Related to the Characteristics of the Three Plastic Fitness Equipment*, Revista de materiale plastice, 2018, vol. 55, nr. 4, pag. 600-602, **Autor corespondent, FI= 1.248** (2017), WOS:000454987400029, <http://www.revmaterialeplastice.ro/pdf/BADAU%204%2018.pdf>.
2. Badau, D.; **Badau, A.** *Identifying the Incidence of Exercise Dependence Attitudes, Levels of Body Perception, and Preferences for Use of Fitness Technology Monitoring*. Int. J. Environ. Res. Public Health, **2018**, *15(12)*, nr. art. 2614. pag. 1-20, **FI= 2.145** , doi:10.3390/ijerph15112614, zona galbena Q2, <https://www.mdpi.com/1660-4601/15/12/2614>

3. Dana Badau, **Adela Badau** *The motric, Educational, Recreational and Satisfaction Impact of Adventure Education Activities in the Urban Tourism Environment*, Sustainability, **2018**, 10(6), nr. art. 2106; pag. 1-13, **Autor corespondent**, **FI=2,075**, zona galbena Q2, WOS:000436570100418, <https://doi.org/10.3390/su10062106>, <http://www.mdpi.com/2071-1050/10/6/2106>
4. **Badau A.**; Badau D.; Serban C., Tarcea M.; Rus V. *Wellness integrative profile 10 (WIP10) — an integrative educational tool of nutrition, fitness and health*, JPak Med Assoc., 2018, 68(6), pag. 882-887 **FI= 0.723** (2017), WOS:000432457500011, <http://jpma.org.pk/PdfDownload/8722.pdf>
5. Dana Badau, **Adela Badau**, Florin Paraschiv, Liliana Marcela Rogozea, Hamida Al Hussein, Klara Brinzaniuc *Influences of vitamin A and E supplementation on haematological, functional and oxidative balance parameters on handball players.*, REV.CHIM.(Bucharest), 69, No. 2, 2018, pag 332-336, **FI= 1.412** (2017), **autor corespondent**, WOS: 000427327700010, http://www.revistadechimie.ro/article_eng.asp?ID=6101
6. Flaviu Stelian Dusa, **Adela Badau**, Dana Badau, Cristian Tranbitas, Klara Brinzaniuc- *Investigating the Deformation Parameters of PVC Fitness Balls in Relation to the Height and Body Mass Index of the users*, Revista Materiale plastice, decembrie 2017, Vol. 54, nr. 4, pag. 606-609, **FI = 1.248** (2017), **autor corespondent**, WOS: 000426412500002 <http://www.revmaterialeplastice.ro/pdf/2%20DUSE%204%2017.pdf>
7. Dana Bădău, Anca Bacărea, Ramona Natalia Ungur, **Adela Bădău**, Alina Mirela Martoma *Biochemical and functional modifications in biathlon athletes at medium altitude training*, Revista Română de Medicină de Laborator, 2016, Nr. 24(3)/2016, pag. 327-335, DOI:10.1515/rrlm-2016-0008, **FI= 0,325**, WOS:000386921700006, <http://www.rml.ro/articole/articol.php?year=2016&vol=3&poz=6>

(2) Articole în reviste cotate WoS fără factor de impact

1. **Adela Badau**, Anca Rachita, Cristian Radu Sasu, Andriana Clipa *Motivations and the Level of Practicing Physical Activities by Physio-Kinotherapy Students*, Education Sciences, 2018, 8(3), nr. art. 97, pag. 1-9, doi:10.3390/educsci8030097, WOS:000445338600007. [file:///C:/Users/Adela/Downloads/education-08-00097%20\(1\).pdf](file:///C:/Users/Adela/Downloads/education-08-00097%20(1).pdf)
2. Badau D., Talaghir L.G., Rus V., **Badau A.** *The Impact of the Needs and Roles of Nutrition Counselling in Sport*. Human. Sport. Medicine, 2018, vol. 18, no. 2, pp. 88–96. DOI: 10.14529/hsm180208, WOS: 000437542200008, <https://cyberleninka.ru/article/v/the-impact-of-the-needs-and-roles-of-nutrition-counselling-in-sport>
3. Badau D, Baydil B, **Badau A.** *Differences among Three Measures of Reaction Time Based on Hand Laterality in Individual*, Sports. 2018; 6(2):45. pag. 1-6, <https://doi.org/10.3390/sports6020045>, ISSN 2075-4663, <http://www.mdpi.com/2075-4663/6/2/45>, WOS:000436282300021.

4. Alpaslan Gorucu, Bekir Tokay, **Adela Badau**. *The effects of three different type of exercises on aerobic and anaerobic power*, Physical education of students, 2017; 21(4): pag. 152-157, doi:10.15561/20755279.2017.0401, **Autor corespondent**, WOS:000412455000001, <http://sportedu.org.ua/index.php/PES/article/view/458/370>
5. **Badau Adela**. *Study of somatic, motor and functional effects of practicing initiation programs in water gymnastics and swimming by students of physical education and sports*, Physical education of students, 2017; 21(4): 158-164, doi:10.15561/20755279.2017.0402, WOS:000412455000002, <http://sportedu.org.ua/index.php/PES/article/view/459>
6. Bădău Dana, **Bădău Adela**, Paraschiv Florin, Manolache Gabriel, Talaghir Laurentiu G., Neagu Nicolae *Level Determination of Space Orientation Depending on Manual Laterality and Using Artificial Intelligence Tehniques*, Proceedings of the 9th WSEAS International Conference on Artificial Intelligence, Knowledge Engineering and Data Bases (AIKED '10), Published by WSEAS Press, 2010, pag. 108-113, ISSN: 1790-5109, WOS:000276785100017, www.wseas.org; <http://www.wseas.us/e-library/conferences/2010/Cambridge/AIKED/AIKED-17.pdf>
http://apps.webofknowledge.com.am.e-nformation.ro/full_record.do?product=WOS&search_mode=GeneralSearch&qid=4&SID=P1NdbIb6tTrVYsnNU5v&page=1&doc=3

(3) Articole în extenso în reviste indexate BDI

1. Dana Bădău, Papp Enikő, Flaviu Stelian Dușa, Iulia Macovei, Patricia-Maria Mălăncrăvean, Mircea Ion-Ene, Adriana Neofit, Ramona Natalia Ungur, **Adela Bădău** *Improving balance by experimenting through animal-assisted therapies*, Palestrica of the third millennium – Civilization and Sport, 2017, Vol. 18, no. 3, pag. 139–143, Autor corespondent, <http://pm3.ro/pdf/69/08%20-%20badau%20%20%20%20139-143.pdf>,

Indexare: CrossRef full-text: <https://doi.org/10.26659/pm3.2017.18.3.139>

Doaj-full-text: [https://doaj.org/toc/2247-](https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)

[7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo](https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)
[1%22%3A%7B%22must%22%3A%5B%7B%22term%22%3A%7B%22index.issn.exact%22%3A%2](https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)
[2247-](https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)
[7322%22%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%5](https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)
[D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D%7D%7D%2C%22fr](https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)
[om%22%3A0%2C%22size%22%3A100%7D](https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)

Ebsco - abstract:

<http://web.a.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=>

[15821943&AN=126397688&h=OxU4HoNvoX4ARuIF3nR2dAsZWvyY73R8k4dO%2fsyDdZqlmWkuz9iYEWKa1ASzFYo6e%2f14D0yk1GcGo8NHj24qtQ%3d%3d&cr=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&crhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jml%3d15821943%26AN%3d126397688](http://www.icsjournal.com/15821943&AN=126397688&h=OxU4HoNvoX4ARuIF3nR2dAsZWvyY73R8k4dO%2fsyDdZqlmWkuz9iYEWKa1ASzFYo6e%2f14D0yk1GcGo8NHj24qtQ%3d%3d&cr=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&crhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jml%3d15821943%26AN%3d126397688)

2. **Adela Badau**, Dana Badau- *A Study Regarding the Level of Performance Specific to Backstroke Swimming with Students at Physical Education and Sport*, International Journal of Science Culture and Sport, June 2017, 5(2), Doi:10.14486/IntJSCS647, pag. 60-67, http://www.icsjournal.com/Makaleler/1020457216_5c2s_1.pdf

Indexare: CrossRef – full-text: <http://dx.doi.org/10.14486/IntJSCS647>

Doaj:[https://doaj.org/toc/2148-](https://doaj.org/toc/2148-1148?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)

[1148?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo](https://doaj.org/toc/2148-1148?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)

[l%22%3A%7B%22must%22%3A%5B%7B%22term%22%3A%7B%22index.issn.exact%22%3A%22148-](https://doaj.org/toc/2148-1148?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)

[https://doaj.org/toc/2148-](https://doaj.org/toc/2148-1148?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)

3. **Adela BĂDĂU** – *The Influence of Anthropometric Indices on Execution Technique Specific to Crawl Swimming for Students of Physical Education and Sport Specialization*, International Journal of Science Culture and Sport, 2016, 4(4), Doi:10.14486/IntJSCS591, pag. 381-389, http://www.icsjournal.com/Makaleler/239276600_4c4s_3.pdf

Indexare: Doaj full-text:

https://doaj.org/search?source=%7B%22query%22%3A%7B%22query_string%22%3A%7B%22quer

CrossRef full-text: <https://doi.org/10.14486/intjscs591>

4. Dana Bădău, **Adela Bădău**, Ramona N. Ungur, Flaviu S. Duşa, Veronica Mindrescu- *Using computer-gaming tests to evaluate hand simple reaction time to visual stimulus*, Sport și Societate. Revista de educație fizică, sport și științe conexe. Sp Soc Int J Ph Ed Sp, 2016, Vol. 16, Issue 1, pag. 29-35, Autor correspondent, [file:///C:/Users/Adela/Downloads/BADAU%20\(3\).pdf](file:///C:/Users/Adela/Downloads/BADAU%20(3).pdf)

Indexata: Ebsco full-text <https://www.ebscohost.com/titleLists/s4h-coverage.htm>

Doaj:[https://doaj.org/toc/1582-](https://doaj.org/toc/1582-2168?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22b)

[2168?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22b](https://doaj.org/toc/1582-2168?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22boo)

[2168%22%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D%7D%7D%7D%2C%22from%22%3A0%2C%22size%22%3A100%7D](#)

5. Dana Badau, Valeriu Tomescu, **Adela Badau**, Ștefan Adrian Martin- *Differences among Elite Female Rowers Regarding Carbohydrate Consumption at Rest*, International Journal of Science Culture and Sport, June 2016: 4(2) ISSN: 2148-1148 Doi: 10.14486/IntJSCS518, pag. 230-239, http://www.iscsjournal.com/Makaleler/2002572430_4c2s_10.pdf
Indexare: Doaj: <https://doaj.org/toc/2148-1148>
CrossRef- full-text: <https://doi.org/10.14486/intjscs518>
6. Badau Dana, Prebeg Goran, Mitić Dušan, **Badau Adela**, *Fitness Index and VO2max of Physical Education Students*, Ovidius University Annals, Series Physical Education and Sport Science, Movement and Health, 2015, Vol. XV, ISSUE: 2 Supplement, ISSN-L 2285-777X, pag. 246-251, <http://www.analefefs.ro/anale-fefs/2015/i2s/pe-autori/v2/2.pdf>,
Indexare:
EBSCO-full-text: (page 16, row 6) <https://www.ebscohost.com/titleLists/s4h-coverage.pdf> rand 873, <https://www.ebsco.com/title-lists>, sectiunea SPORTDiscus
DOAJ: <https://doaj.org/toc/1224-7359>
7. **Adela Bădău**, Ramona Natalia Ungur, Dana Bădău- *Influence of water gymnastics on strength development*, Palestrica of the third millennium – Civilization and Sport, 2015, Vol. 16, no. 3, ISSN: 1582-1943, pag. 235–240, <http://pm3.ro/pdf/61/RO/11%20-%20badau%20%20%20%20235-240.pdf>
Indexata: Ebsco – full-text: <https://ebscohost.com/titleLists/a9h-journals.htm>
Doaj full-text: https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22term%22%3A%7B%22index.issn.exact%22%3A%222247-7322%22%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D%7D%7D%7D%2C%22from%22%3A0%2C%22size%22%3A100%7D
8. Dana Badau, **Adela Badau**- *The Influence of Various Types of Water Gymnastics Upon the Exercise Capacity*, International Journal of Science Culture and Sport (IntJSCS), 2015, Vol 3(4), ISSN: 2148-1148, Doi: 10.14486/IntJSCS463, pag. 94-102, http://www.iscsjournal.com/Makaleler/1092031960_3c4s_8.pdf
Indexare: Doaj: <https://doaj.org/toc/2148-1148>
CrossRef – full-text: <http://www.crossref.org/guestquery/>

9. **Adela Badau**, Dana Badau - *Carving Technique – Methodical Perspectives*, International Journal of Science Culture and Sport (IntJSCS), September 2015, Vol: 3. Issue: 3, ISSN: 2148-1148, Doi: 10.14486/IntJSCS435, pag. 78-84. http://www.icsjournal.com/Makaleler/541059672_3c3s_9.pdf
Indexata: Doaj: <https://doaj.org/toc/2148-1148>
CrossRef – full-text: <http://www.crossref.org/guestquery/>
10. **Bădău A.**, Ungur R., Iconomescu T., Bădău D. - *The influence on balance capacity of the practice environment of ludic recreational activities*, Procedia Social and behavioral Sciences Journal, 2014, Vol. 137, doi:10.1016/j.sbspro, 2014.05.245, pag. 11-16,
Index: Science Direct, <http://www.sciencedirect.com/science/article/pii/S1877042814036775>
CrossRef – full-text: <https://search.crossref.org/?q=doi%3A10.1016%2Fj.sbspro.2014.05.245>,
<https://doi.org/10.1016%2Fj.sbspro.2014.05.245>
11. **Adela Badau**, Dana Badau, Bondoc – Ionescu Dragos- *Balance improvement through ludic recreational water activities like aqua-pullpush-gym*, Bulletin of the Transilvania University of Braşov, Series IX: Sciences of Human Kinetics, 2013, Vol. 6 (55) No. 1, cod CNCS: 644, ISSN 2344–2026, pag. 65- 70
http://webbut.unitbv.ro/BU2013/Series%20IX/BULETIN%20IX%20PDF/III_01_BADAU.pdf
Indexare: Ebsco: <http://www.ebscohost.com/titleLists/a9h-subject.xls>, from 2013, pozitia 2445
12. Badau D., Cosac G., Rogozea L., **Badau A** - *Comparative study regarding biological adaptation in sports games*, Recent Advances in Applied and Biomedical Informatics and Computational Engineering in Systems Applications - AIC'11, BEBI'11, 2011, Florence, Italy, ISBN: 978-1-61804-028, pag. 372-375, <http://www.wseas.us/e-library/conferences/2011/Florence/AIASABEBI/AIASABEBI-60.pdf>
Indexare: Scopus <http://www.scopus.com/authid/detail.url?authorId=35329098400>

Articole publicate în rezumat în reviste indexate BDI

1. **Badau Adela**, Ungur Ramona Natalia, Russu Octav Marius, Badau Dana – *The role of kinesiology tapes on the shoulder joint at senior volleyball payers-* The 3rd International Sport Nutrition Conference „Transdisciplinary Research in Physical Therapy, Physical Activity and sport Nutrition”, Tg. Mures, 3-4 November, 2017, Vol. 63, Supplement 3/2017, Acta Medica Mariensis, ISSN 2068-3324, pag. 56-57, http://actamedicamarisiensis.ro/wp-content/uploads/2017/10/AMM-63-S3_web.pdf, Indexare: Ebsco:
2. Badau Dana, Pinteana Georgiana Roxana, **Badau Adela** – *The correlation between physical activity index and BMI in students*, The 3rd International Sport Nutrition Conference „Transdisciplinary Research in Physical Therapy, Physical Activity and sport Nutrition”, Tg. Mures, 3-4 November,

- 2017, Vol. 63, Supplement 3/2017, Acta Medica Mariensis, p. 61, ISSN 2068-3324, Indexare EBSCO, http://actamedicamarisiensis.ro/wp-content/uploads/2017/10/AMM-63-S3_web.pdf
3. Dana Bădău, **Adela Bădău** - *Spatial orientation developed by gymnastic specific means*, Palestrica Millennium III, vo. 16/2015, Suppl No 1, în cadrul 2 nd International Scientific Conference Introspective Connections on Human MOVEMENT SCIENCES, Tirgu Mures, 27th -28th March 2015, pag. 9, http://pm3.ro/pdf/61/suplimente/Supliment_1.pdf
 4. **Adela Bădău**, Dana Bădău -*The interrelation between the components of the functional capacity and the practice degree of gymnastics in water*, Palestrica Millennium III, vo. 16/2015, Suppl No 1, în cadrul 2 nd International Scientific Conference Introspective Connections nn Human Movement Sciences, Tirgu Mures, 27th -28th March 2015, pag. 13, http://pm3.ro/pdf/61/suplimente/Supliment_1.pdf
 5. **Adela Bădău**, Ramona Natalia Ungur - *Influence of water gymnastics on conditional movement ability*, Palestrica Millennium III, vo. 16/2015, Suppl No 1, 2nd International Scientific Conference Introspective Connections on Human Movement Sciences, Tirgu Mures, 27th -28th March 2015, pag. 15, http://pm3.ro/pdf/61/suplimente/Supliment_1.pdf
 6. Alina Martoma, Dana Bădău, **Adela Bădău** - *Developing psychomotor ability in children with autism by customized ludic means combined with the Ayres method*, Palestrica Millennium III, vo. 16/2015, Suppl No 1, 2nd International Scientific Conference Introspective Connections nn Human Movement SCIENCES, Tirgu Mures, 27th -28th March 2015, pag. 17, http://pm3.ro/pdf/61/suplimente/Supliment_1.pdf
 7. D. Badau, **A. Badau**, R. Ungur - *The interconnection of adventure education with adventure learning to promote physical activities on children*, Science & Sports, Volume 29, Supplement, October 2014, 1er Congrès international sur le sport et l'activité physique chez l'enfant, Imprint: ELSEVIER, ISSN: 0765-1597 pag. S46, [doi:10.1016/j.scispo.2014.08.091](https://doi.org/10.1016/j.scispo.2014.08.091), <http://www.sciencedirect.com/science/journal/07651597/29/supp/S>, http://www.journals.elsevier.com/science-and-sports/recent-articles/00000aab0f02&acdnat=1413263946_1c1afa967aec0a2ba9cd63fc58c97d0c <http://www.sciencedirect.com/science/article/pii/S0765159714002299>

c) Articole publicate în rezumat și extenso în reviste și volumele unor manifestări științifice, cu ISBN sau ISSN

1. **Adela Badau**, Dana Badau- *Study on levels of physical activity index and physical exercise self-efficacy at students in physiokinetotherapy*, One Health International Journal, Vol. 3, Supplement 2017, pag. S32, ISSN 2457-8770, http://www.onehealth.ro/pdf/Lista_comunicarilor.pdf
2. Rares Molnar-Varlam, Adela Badau, Dana Badau - *Correlations between age and children's ability of learning specific swimming skills*, Acta Medica Mariensis, 29 March- 2 April 2017, Vol. 63,

- Supplement 1, sectiunea Physical Education and Sport, ISSN: 2068-3324, pag. 137, http://actamedicamarisiensis.ro/wp-content/uploads/2017/06/AMM_63_S1_web.pdf
3. Badau Dana, **Badau Adela**- *Study on the Ability to Identify Fitness-Specific Mistakes*, International Scientific Conference “Sports, Education Culture-Interdisciplinary Approaches in Scientific Research, Galați, 26-27 mai 2017, Book of abstract, ISSN: 2457-3094, pag. 28, <http://www.sesgal.ugal.ro/index.php/news-lista-rezumat>
 4. Dana Badau, **Adela Badau**, Adriana Neofit, Ion Ene Mircea- *The influence of corrective gymnastics at home on postural optimization in adolescents*, One Health International Journal, Vol. 3, Suplemen 2017, ISSN 2457-8770, pag. S45 http://www.onehealth.ro/pdf/Lista_comunicarilor.pdf
 5. Badau D., **Badau A.** - *Social Implications of Promoting Sport For All*, SEA–CONF 2016, 2nd International Conference, Constanta, 12-14 may 2016, Book of abstract, ISBN: 2457-144X, pag. 89, <https://www.anmb.ro/ro/conferinte/sea-conf/wp-content/uploads/2016/06/BOOK-OF-ABSTRACT-SEA-CONF-2016.pdf>
 6. Badau D., **Badau A.** - *Promoting an active lifestyle trough improve the physical wellness*, SEA–CONF 2016, 2nd International Conference, Constanta, 12-14 may 2016, Book of abstract, ISBN 2457-144X, pag. 79, <https://www.anmb.ro/ro/conferinte/sea-conf/wp-content/uploads/2016/06/BOOK-OF-ABSTRACT-SEA-CONF-2016.pdf>
 7. Badau D., **Badau A.**, - *Interrelationship between Sport Conseling and Nutrition Counseling*- The 2nd National Conference of Sport Nutrition, Tirgu Mures, 2-3 Nov. 2016, ISSN: 2068-3324, pag. 4.
 8. Popa D A, Bădău Dana, **Bădău Adela** - *The Influence of Type of Sport on the Level of Development of Motor Skills*, revista Acta Medica Mariensis, 2016, Tg. Mures, ISSN: sectiunea: Physical Education and Sport, pag. 124 <http://marisiensis.ro/media/scripts/book-1464772282.pdf> ,
 9. Krisztina Hegedus, Bădău Dana, **Bădău Adela**- *Improving Movement and Functional Ability Through the Means Of Specific Synchronised Swimming*, revista Acta Medica Mariensis, sectiunea: Physical Education and Sport, 2016, Tg. Mures, pag. 124, <http://marisiensis.ro/media/scripts/book-1464772282.pdf>
 10. **Badau A.**, Ungur N.R., Badau D. – *Water gymnastics influences on body max index*, The 2nd National Conference of Sport Nutrition, Tîrgu Mureş, 2-3 Nov.er 2016, ISSN: 2068-3324, pag. 11,
 11. **Bădău Adela**- *Level Evaluation of Motric Qualities At Medicine Students*, The Annals of “Dunarea de Jos” University of Galati, Physical Education and Sport Management, FASCICLE XV, 2016, Vol. 1, pag. 20-25, <http://www.efms.ugal.ro/index.php/archiva/2016/113-volumul-1-2016>
 12. **Bădău Adela**, Bădău Dana, Ungur Ramona- *Level Evaluation of General Motric Capacities at Medical Profile Students*, The Annals of Dunarea de Jos University of Galati, Physical Education and Sport Management, Fascicle XV, 2016, Vol. 1, pag: 15-20, <http://www.efms.ugal.ro/index.php/archiva/2016/113-volumul-1-2016>

13. **Badau Adela**, Badau Dana – *Beneficile practicării activităților acvatice- Aquagym*, Simpozion național „Sportul pentru toții, sănătate pentru toți”, Ediția a IX-a, Râmnicu Vâlcea, 5 iunie 2015, Editura Nova Didact, ISBN: 978-606-92972-9-2, pag. 64- 68.
14. **Bădău A.**, Ungur R., Ionomescu T., Bădău D. *The influence upon functional capacity of ludic recreational activities carrier out in various environment*, The Annals of “Dunarea de Jos” University of Galati, Physical Education and Sport Management, Fascicule XV, cod CNCS 644, 2013, Vol. 1, ISSN 2344 – 4584, pag. 22 – 27,
<http://www.efms.ugal.ro/>; <http://www.efms.ugal.ro/index.php/archiva/2013>
15. Ungur Ramona Natalia, **Badau Adela** – *Influența tehnologiei informaționale în voleiul de mare performanță*- Simpozion național „Sportul pentru toți, sănătate pentru toți”, Ediția a IX-a, Râmnicu Vâlcea, Ed. Nova Didact, ISBN: 978-606-92972-9-2, 5 iunie, 2015, pag. 60-64.
16. Ceapa Mihaela, Ionomescu Teodora Mihaela, **Badau Adela**, Popescu Veronica- *Exercise and correct alimentation factors of wellbeing for students in high school*- International Scientific Conference „Youth in the perspective of the Olympic movement”, Brasov, 28.02-01.03. 2014, ISSN: 2359 – 8859, pag. 18,
<http://www.unitbv.ro/Portals/24/conferinta%202016/Volum%20abstracte%20YPOM%202016.pdf>
17. **Adela Badau** – *Filosofia Pilates între original și modern* - a XX – a Sesiune de comunicări științifice, Brașov, România, 2013, Ed.: Didactică și Pedagogică, București, ISSN 2069-7937, pag. 342-344 <http://www.universitateagbaritiu.ro/images/sampled/2013/sesiune%202013.pdf>
18. **Adela Badau**, Dragos Ionescu-Bondoc - *Studiu privind influențarea mobilității trunchiului prin practicarea de activități acvatice ludico-recreative* - a XX – a Sesiune de comunicări științifice, Brașov, România, 2013, Ed.: Didactică și Pedagogică, București, ISSN 2069-7937, pag. 297-302
<http://www.universitateagbaritiu.ro/images/sampled/2013/sesiune%202013.pdf>
19. **Bădău A.**, Ionescu Bondoc D., Bădău D. - *Aquagim – o nouă metodă pentru îmbunătățirea capacității fizice*, The Annals of “Dunarea de Jos” University of Galati, Fascicule XV, 2012, nr. 1, ISSN: 1454–9832, cod CNCS: 644, pag. 16-22, <http://www.efms.ugal.ro/>;
20. **Bădău A.**, Bădău D., Peropoulos E. – *Study on Attractiveness and Efficiency of Specific Means to Aquagym and Aquafitness*, Bulletin of the Transilvania University of Brasov, 2011, Vol.4 (53), No.1, Series VIII – Art-Sport, cod CNCS: 926, pag. 91-98;
http://webbut.unitbv.ro/Bulletin/Series%20VIII/Contents_VIII_1.html
http://webbut.unitbv.ro/BU2011/Series%20VIII/BULETIN%20VIII%20PDF/01_Badau.pdf
21. **Badau Adela**, Bondoc – Ionescu Dragos – *Functional capacity optimization through ludic recreational water activity*, International Conference „Introspective connection on human movement sciences”, First edition, 26-27 April, 2012, Tîrgu Mureș, România, Book of abstracts, Acta Medica Marsiensis, Vol. 59, Supplement 2/2013, ISSN: 2068-3324, pag. 3.

22. **Adela Badau**, Bondoc – Ionescu Dragos – *Activitatile acvatice ludico-recreative, trecut si prezent*, Proceedings of the 19th „George Barițiu” University, International Conference on Control, Development and applied Informatics in bussiness and economics, Brașov, 22-23 November, 2012, Ed. Didactica si pedagogica, Bucharest, ISSN: 2069-7929, pag. 262-266, <http://www.universitateagbaritui.ro/images/sampled/2012/pdf/conferinta%202012.pdf>
23. **Adela Badau** - *Correlation between: type of recreational water activities – the stress – professional qualification*, Proceedings of the Thematic Conference, International Scientific Conference, Effect of Physical Activity Application to Anthropological Status with Children, Youth and Adults, 11-12 decembrie 2012, Belgrad, Serbia, ISBN: 978-86-80255-92-7, pag. 528 – 534, http://www.fsfvconference.rs/documents/proceedings_2012.pdf
24. **Adela Badau**, Dragos Ionescu Bondoc, Alin Larion - *Aqua-pullpush-gym – An innovative Agua Gym Method – Abstract Book*, 2nd International Social Sciences in Physical Education and Sport Congres, 31 mai-02 iunie 2012, Ankara, Turkey, pag. 161.
25. Dana Badau, **Adela Badau** - *The influence of Pilates on posture and body alignment* - Book of abstracts „International Scientific Conference, Effect of Physical Activity Application to Anthropological Status with Children, Youth and Adults, 11-12 decembrie 2013, Belgrad, Serbia, Book of abstract, ISBN: 978-86-80255-98-9, pag. 182. http://www.fsfvconference.rs/documents/book_of_abstracts_131221.pdf
26. Bădău Dana, **Bădău A.** - *Correlation between stress level and physical activity index*, The Annals of “Dunarea de Jos” University of Galati, Physical Education and Sport Management, Fascicule XV, 2012, nr. 2, cod CNCS 644, ISSN 2344 – 4584, pag. 15 – 19, <http://www.efms.ugal.ro/index.php/archiva/2012/104-anale-efsm-2012-nr2>
27. Bădău D., Ungur R., **Bădău A.** – *Motivations and temptations to practice the physical activity during students’ free time*, Bulletin of the Transilvania University of Brașov, Series VIII • Art • Sport, 2012, Vol. 5 (54) No. 2, ISSN: 2066-7728, pag. 83-88, http://webbut.unitbv.ro/Bulletin/Series%20VIII/Contents_VIII_2.html
http://webbut.unitbv.ro/Bulletin/Series%20VIII/BULETIN%20VIII/13_BĂDĂU_.pdf
28. Ungur Ramona, Ciulea Laura, **Badau Adela** – *Efficiency optimization of volleyball service with the help of Servo- Volley platform*, – at the International Conference „Introspective connection on human movement sciences”, First edition, 26-27 April, 2012, Tirgu Mures, Romania, Book of abstracts, Acta Medica Marsiensis, Vol 59, Supplement 2/2013, ISSN 2068-3324, pag. 9.
29. Dana Badau, Ramona Ungur, **Adela Badau** -*Physical activity during students free time – motivations and temptations*, Proceedings of the Thematic Conference, International Scientific Conference, Effect of Physical Activity Application to Anthropological Status with Children, Youth and Adults, 11-12 decembrie 2012, Belgrad, Serbia, pag. 522 – 527, ISBN: 978-86-80255-92-7, http://www.fsfvconference.rs/documents/proceedings_2012.pdf

30. Dana Badau, Alin Larion, **Adela Badau**, Mirela Damian, Cecilia Gevat - *Improve The lever of Functional and Motor Capacity and of Somatic Indices Trough an Aerobic Program and using the Pulse Tester*, 2nd International Social Sciences in Physical Education and Sport Congres, 31 mai-02 iunie 2012, Ankara – Turkey, pag. 161.
31. Badau Dana, **Badau Adela** – *Study regarding stress level correlation with physical activity index on young population*- Book of abstracts, of 12 th International Scientific Conference „Perspectives in physical education and sport” 12 th edition, Constanta, Romania, 18-19 May 2012, Ed. Ovidius University Press, ISBN 978-973-614-501-8, pag. 59.
32. Bădău Dana, Hansa C., Neagu N., **Bădău A.** - *Determination of the biological and socio-cultural laterality – arguments and examples*, The Annals of “Dunarea de Jos” University of Galati, Fascicule XV, 2010, Part. 1, cod CNCS: 644, pag. 144-146, <http://www.efms.ugal.ro/index.php/archiva/2010/94-2010-part1-open-access>
33. Badau Dana, Camarda Adina, Serbănoiu Sorin, Tudor Virgil, Ionescu Bondoc Dragos, **Bădău Adela** -, *„Performance management in sport for all”*, International Journal of Education and Information Technologies, Issue 2, Volume 2, 2010, Published by NAUN Journals www.naun.org, ISSN: 1790-2769, pag. 83-90, <http://www.naun.org/main/NAUN/educationinformation/19-299.pdf>
34. Dana Bădău, Aurelia Suciu, Neagu Nicolae, **Adela Bădău** – *„Active promotion and health through sport for all in Romania.*, International Scientific Conference „Physical activities for everyone”, 10-11.12. 2010, y of Belgrad, Serbia, Book of Abstract, pag. 50, http://www.fsfvconference.rs/documents/book_abstracts_final110120.pdf
35. Bădău Dana, Suciu Aurelia, **Bădău Adela**, Androhovici Mihai – *Sport for all to improve the health*, 14th World Conference on Sport for all of CIO, 20-23 septembrie 2011, Beijing, China, Book of Abstract, pag. 57.
36. Badau D.; Larion A.; BadauA.; Alexandrescu D. *Experimental study on improving the Quality of life through the standardization of an aerobisc program and of effort parameters control using Pulse tester*, Mathematic Methods and Applied Computing, Mathematics and Computers in Science and Engineering, 2009, Vol II, pag. 610-615. <https://dl.acm.org/citation.cfm?id=1949114&prelayout=flat>
37. Bădău Dana, Paraschiv Florin, **Bădău Adela** – *High performance sport and creativity.*, FISU Conference 25th Universiade, Proceedings „The role of University sport in education and society – a platform for change”, 2-5 July 2009, Belgrad, Serbia, ISBN: 978-86-80255-56-9, pag. 147- 149, http://www.dif.bg.ac.rs/mat/zbor/zbornik_radova_fisu2009.pdf
38. Bădău Dana, Paraschiv Florin, Larion Alin, **Bădău Adela** – *Psychological training and information adaptation in sport*, FISU Conference 25th Universiade, Proceedings „The role of

University sport in education and society – a platform for change”, 2-5 July 2009, Belgrad, Serbia, ISBN: 978-86-80255-56-9, pag. 109 - 114,

www.fsfv.rs, http://www.dif.bg.ac.rs/mat/zbor/zbornik_radova_fisu2009.pdf

39. Dana Bădău, Florin Paraschiv, **Adela Bădău** - *Importanța pregătirii teoretice și psihologice in handbal*, International Scientific Conference “New educational evolutions for sport. Management, health therapy and free time in European context” Transilvania University of Brasov, 20-21 Febr. 2009, ISSN 2065 – 6483, pag. 143-146
40. Dana Bădău, Florin Paraschiv, **Adela Bădău** - „*Technical of tactic movements specific to handball game, adjustable to symetrization*”, International Scientific Conference “Perspectives in physical education and sport” 8th edition of Ovidius University of Constanta, 30-31 May 2008, Analele Universității Ovidius Constanța, Book of abstract, Series: Sport and Physical Education, vol.VIII, seria VIII, the second Part, Ovidius University Press, ISSN: 1234 – 7359, 2008, pag. 31-36
<http://www.analefeffs.ro/anale-feffs/anale-2008-vol-viii-cuprins-si-abstract-ingleza-2.pdf>
41. Dana Bădău, Florin Paraschiv, **Adela Bădău** - „*Education of specific ambidextry – factor of increases precision and efficiency on handball shuttings*”, Analele Universității Ovidius Constanța, Book of abstract, Series: Sport and Physical Education, vol.VIII, seria VIII, the second Part, Ovidius University Press ISSN: 1234 – 7359, 2008, 42, <http://www.analefeffs.ro/anale-feffs/anale-2008-vol-viii-cuprins-si-abstract-ingleza-2.pdf>

15.01.2019

Conf. dr. Adela Bădău